



Stay Afloat

The National Roll-Out

Seafood industry Australia

Funded by The Federal Government Dept of Health and Ageing

Before we continue

There will be discussion on both self-harm and suicide, if you are affected by this presentation please reach out and we will guide you to appropriate services

If you, or someone you know, needs help or support please call



13 11 14



1300 224 636



1800 551 800



1300 78 99 78



Seafood Industry
Australia
The Voice of Australian Seafood

Mental Illness Facts



Mental Illness – Australia's 3rd largest disease burden

Biggest disease burden amongst 15 – 24 year olds

50% of people have first episode by 18

75% of people have first episode by 25

20% of people have a mental illness at any given time

Approx 50% receive treatment



The Mental Health Continuum

Stay Afloat – At a glance

Focus
Communities and
Trusted Advocates

Engage/Educate
Supports in
Community

Community Mental
Health Training
and Education

Community
resilience grants

Robust national platform and communications

Stayafloat is neither a 24-hour service nor a crisis line/service, if you or an individual is at risk call 000 immediately or present to the local emergency department



What's next?

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Think about a connecting event

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